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Special points of interest:

- Hopetown won the runners up trophy in the Hopetown Soccer Championship.
- The school held a 'Hawan' in honor of completing it's fifteen successful years.

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HOPETOWN FOOTBALL CHAMPIONSHIP

To commemorate 15 years of Hopetown's excellence, our school hosted the first Hopetown Football Championship. The tournament started on 25th September and went on till 5th October. Eight schools participated but Woodstock Mussoorie and Hopetown were the only schools to make it to the finals. The match ended with a draw with the score 3 all. This resulted in penalty shoots where Woodstock stood victorious, defeating Hopetown by only one goal. Jasmehar Chugh was awarded the best goal keeper while Rini Singh was awarded the most promising player.



HOPETOWN GIRLS' SCHOOL

ENIGMA



DUSSHERA

Dussehra— the day lord Rama gained victory over the cruel Ravana is celebrated at Hopetown in its full essence. A huge effigy of Ravana ,filled with crackers is put up at the field for everyone to see. Later in the evening the effigy is set ablaze by the head of our institution , our Principal.

The burning effigy and the bursting crackers symbolizes the victory of good over evil. This ceremony is followed by the distribution of Prasad and a promise to appreciate the positive in oneself and others.

GANDHI JAYANTI

The peaceful day, i.e. 2nd October, began with a '*pooja*' and '*havan*' to celebrate and thank the almighty for 15 successful years of Hopetown's existence. It was followed by '*shramdaan*' where everybody was served breakfast by the students of Class 12. The food was delicious and made everyone appreciate the selfless work of the support staff. As it was Mahatma Gandhi's birthday, the students took an oath to join in the nation's efforts to clean India, adhering to his wish of '*swachch*' Bharat.



RAMAMURTHI MEMORIAL PERFORMING ARTS COMPETITION (RMPAC)

The RMPAC is a musical event by our school on the 27th of September every year in memory of our late principal Mrs. Vijaya Ramamurthy. This year, the students demonstrated their table skills. Four schools were invited to participate and Mahima Grover from Hopetown performed as a non-competitor. The audience was enthralled by the serene music. The winner of this year's RMPAC was Shaurya Badola from The Asian School. The evening was graced by the presence of judges from Welham Girls' School, Unison World School and Welham Boys' School. It was a true tribute to our beloved ma'am.





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BACK STORY

Let go of your Stresses!

A psychologist walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half empty or half full" question. Instead, with a smile on her face, she inquired: "How heavy is this glass of water?" Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralyzed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them for a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralyzed- incapable of doing anything."

It's important to remember to let go of your stresses. As early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Remember to put the glass down!